

Knowledge & Self-Cultivation

Relates to: Student, self-growth activity, peace of mind
Enhancements: Blue, green, and black
Bookcases, books you are studying
Pictures of wise people, mountains
Items with personal association to Knowledge & Self-Cultivation
Affirmations pertaining to Knowledge & Self-Cultivation

Hazardous: Clutter – thinking clearly requires a clear space. Things that stop the thought process – alcohol, drugs, poisons, cigarettes. Unwise symbols – newspapers with bad news, etc.

Center

Relates to: Feeling grounded, centered, arranging our live around a solid base
Enhancements: Yellow and earth tone (orange, brown, earthy red)
Things made from earth (tile, ceramic), pictures depicting fields and deserts
Square shapes
Object to remind you to stay grounded
Affirmations pertaining to Center

Hazardous: Wood elements (trees, pillars) small plants are ok.

Basic Chi Enhancers

Most of these chi enhancers can be used in any gua as an enhancement The exception is water features. A water feature shouldn't be used in the Fame & Reputation area with the intention of strengthening Fame, because Fame is a Fire element and Water puts out fire.

1. Art — pictures, photographs appropriate for that gua
2. Color — colors appropriate for that gua
3. Lighting — candles, sunlight, lamps
4. Crystals — round, multi-faceted crystals
5. Living things — plants, flowers, pets, silk plants/flowers acceptable
6. Mirrors — used to deflect negativity, reflect good views, expand areas
7. Objects of nature — rocks, pine cones, natural crystals, natural objects with personal meaning
8. Sound makers — musical instruments, wind chimes
9. Wind dancers — mobiles, banners, flags
10. Water features — fountains, birdbaths, pictures of water

Suggested books

The Western Guide to Feng Shui by Terah Kathryn Collins
The Western Guide to Feng Shui – Room by Room by Terah Kathryn Collins
The Western Guide to Feng Shui for Prosperity by Terah Kathryn Collins
The Western Guide to Feng Shui for Romance by Terah Kathryn Collins
Home design with Feng Shui – A-Z by Terah Kathryn Collins
Move your stuff, Change your life by Karen Rauch Carter.
Clear your clutter with Feng Shui by Karen Kingston
Feng Shui Chic by Sharon Stasney